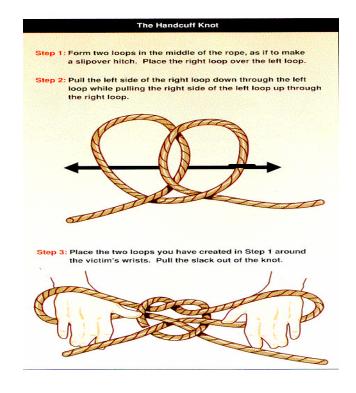


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Weekly Fire Drill

The Handcuff Knot





Practice tying the handcuff knot. This is essential to firefighter self-survival and a basic RIT skill.

Apply the knot to yourself and a partner to simulate rescue procedures.

Practice tying multiple handcuff knots on two lines.

FIRE LINE DO NOT CROSS FIRE LINE DO NOT CROSS FIRE LINE DO NOT CROSS FIRE LINE DO NOT CROSS